

UNCOVER THE NORTHUMBERLAND'S ECLECTIC TREASURES.

Coast through rolling farmland and seaside villages, with the sun rising gently over the warm blue waters of the Northumberland Strait.



Waterside Beach

From Pictou to Pugwash, savour the Northumberland Strait, from historic sites, lavender blossoms, and award-winning wines, to endless stretches of pristine beach. The route follows a flat and relatively quiet series of roads along the coastline of the North Shore.

Start your tour in the historic town of Pictou, where Nova Scotia's Scottish roots are celebrated and preserved. The town is known for being the port of arrival for the ship *Hector* and its Scottish passengers in the late 1700s – see a full size replica of the ship at the Hector Heritage Quay. Next to the Quay, you can adopt a lobster at the Lobster Hatchery! Up the street, visitors are welcome to tour the **Grohmann Knives factory** 🏭, internationally recognized by chefs for their quality, balance and beauty.

Picnic and camping options are available just north of Pictou on the peninsulas of Caribou Island and Munroes Island. These two narrow headlands frame the peaceful Caribou Harbour, where you can watch boats sail in from Prince Edward Island.

As you ride past dozens of farmsteads on your way to Tatamagouche, be sure to stop in at **Lismore Sheep Farm** 🐑 in River John to say hello to one of the 300 sheep or pick up some high quality yarn products. A short trip up to Cape John is also recommended, which is the site of a working lobster harbour and a scenic picnic area.

The vibrant community of Tatamagouche marks the half-way point of the bike trip, and boasts art galleries, museums, craft shops, restaurants, and a farmers' market. The name Tatamagouche is derived from the Mi'kmaq term "Takumegooch" which means "meeting of the waters" – an appropriate name given that it's where the Waugh and French rivers converge into Tatamagouche Bay. The town was also an important junction point of the Intercolonial Railway, and remnants of the old tracks and train cars have been converted into the **Train Station Inn** 🏠 and restaurant. A short detour to the Balmoral Grist Mill is also recommended, where grain is ground into flour with huge water-powered granite millstones.



Before arriving in Pugwash, consider a jaunt around the Malagash Peninsula, home to the first rock salt mine in Canada and Malagash Salt Miners' Museum. The peninsula offers the opportunity for quiet swims in the warm water of Tatamagouche



Hector Heritage Quay



Bay and a handful of picnic spots. Tour **Jost Vineyards** 🍷 to sample award-winning wines from numerous varieties of grapes grown on site.

The final stop of the voyage will take you to the village of Pugwash, where you'll find **Thinkers' Lodge** 🏠, the former home of Cyrus Eaton, which displays a Nobel Peace Prize for an international peace conference calling for nuclear disarmament. The Lodge and surrounding property was designated a National Historic Site in 2008.

For more information on the Northumberland Shore, visit www.novascotia.com and www.cyclenovascotia.ca.



EXPERIENCE THE BEAUTY OF NOVA SCOTIA UP CLOSE, BY BIKE

Using the Maps

Cycle Nova Scotia profiles routes for on-road bicycle touring. Use the maps to plan the ride that is right for you and consider taking advantage of the spur routes to diversify your options.

Most routes are on secondary highways or local roads and are not designated bicycle routes, nor are the itineraries marked with signage. Although the routes profiled have generally low traffic volumes, few have paved shoulders. Cyclists using these maps should be comfortable riding on roads with motor vehicles and be aware of the inherent risks.

Make sure you take time to plan ahead and are properly equipped for your ride, including a helmet (required by law). Preparation will help you make the most of your Nova Scotia cycling experience!

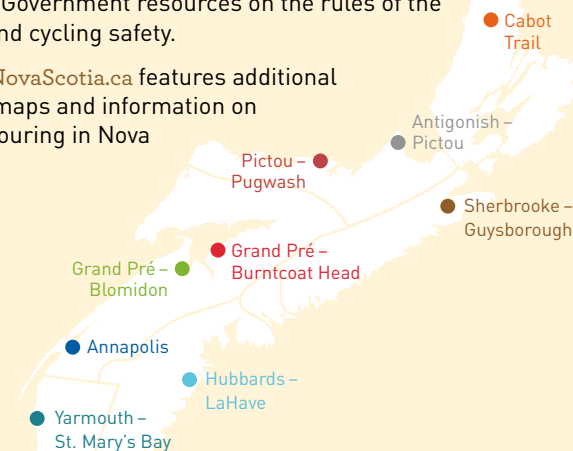
Resources

Whether riding for an afternoon or planning a multi-day tour, please take advantage of our additional resources to make the most of your journey:

NovaScotia.com or 1.800.565.0000 is your best source for accommodations, top attractions, dining, and visitor information.

Bicycle.ns.ca lists most local bike shop, rental, and tour operators. We also have links to Nova Scotia Government resources on the rules of the road and cycling safety.

CycleNovaScotia.ca features additional route maps and information on cycle touring in Nova Scotia.



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PICTOU – PUGWASH

Cycle with the sunrise.



Northumberland Shore



